

JANUARY 2023

Inman Jr/Sr
High School

Monday	Tuesday	Wednesday	Thursday	Friday
No School 2	Poptart 3 Corn dog Smiles Peas Peaches	Waffles 4 Walking taco Black beans Corn Pineapple	Pancake on a stick 5 Pancakes Sausage patty Hashbrown Carrot sticks Orange	Muffin 6 chicken sandwich crinkle fries mixed veggie fruit
Yogurt 9 Meatball sub Tater tots Corn Mixed fruit	Chicken biscuit 10 Crispito Chips & salsa Mexi corn Carrot sticks Tropical fruit	Bagel 11 Chef salad Pumpkin bread Strawberries/bananas	Cini mini 12 White chicken chili Corn muffin Seasoned carrots Pears	Combo bar 13 Cheesy pull apart Tri-tater Fresh veggies fruit
No School 16	French toast 17 Cavatini Garlic bread Steamed broccoli Carrot sticks Peaches	Pumpkin bread 18 Turkey sub Cucumbers Chips Jello cup Apple	Pancakes 19 Chicken fried steak Mashed potatoes Green beans Roll Pears	Danish 20 Hot dog Tater tots Celery sticks Fruit
Mini bagel 23 Stuffed crust pizza Pudding Corn Mandarin oranges	Breakfast pizza 24 Chicken noodles Mashed potatoes Green beans Roll Mixed fruit	Donut 25 Chicken quesadilla Black beans Chips & salsa Carrot sticks Pineapple	Sausage muffin 26 Grilled cheese Tomato soup Peas Grapes	Cook's Choice 27
Tornado 30 Bosco sticks Tater tots Seasoned carrots Applesauce	Poptart 31 Chili Cinnamon roll Corn Carrot sticks Peaches			

Garden bar and milk served daily
Menu subject to change
This is an Equal Opportunity Provider