

# SEPTEMBER 2023

Inman Jr/Sr  
High School



Monday

Tuesday

Wednesday

Thursday

Friday



**No  
School**

4

**Waffles**  
Chicken nuggets  
Mashed potatoes  
Green beans  
Roll  
Pears

5

**Sausage biscuit**  
Meatballs  
Garlic bread  
Steamed broccoli  
Carrot sticks  
Grapes

6

**Danish**  
Taco burger  
Refried beans  
Mexi corn  
Chips/salsa  
Orange

7

**Pumpkin bread**  
Stuffed crust pizza  
Pudding  
Corn  
Carrot sticks  
Fruit

8

**Cini minis**  
Chicken sandwich  
Lettuce/tomato cup  
Potato wedges  
Mixed fruit

11

**Pancakes**  
Mac & cheese  
Lil smokies  
Muffin  
Peas  
Apple

12

**Donut**  
Meat & cheese nachos  
Mexi corn  
Mexi rice  
Tropical fruit

13

**Combo bar**  
Cheeseburger  
Baked beans  
Crinkle fries  
Mandarin oranges

14

**Mini bagel**  
Crispito  
Chips & salsa  
Corn  
Carrot sticks  
Fruit

15

**Pancake on a stick**  
Chicken fried steak  
Mashed potatoes  
Green beans  
Roll  
Pears

18

**Tornado**  
Walking taco  
Black beans  
Corn  
Pineapple

19

**Yogurt**  
Turkey sub  
Cheetos  
Fresh veggies  
Frozen fruit cup

20

**Breakfast pizza**  
Corn dog  
Smiles  
Cheesy broccoli  
Rice krispy treat  
Banana

21

**Cinnamon bun**  
Bosco sticks  
Tater tots  
Carrot sticks  
Fruit

22

**Chicken biscuit**  
Burrito  
Refried beans  
Mexi corn  
Tropical fruit

25

**French toast**  
Pulled pork sandwich  
Green beans  
Tater tots  
Applesauce

26

**Bagel**  
Hot dog  
Curly fries  
Jello cup  
Mixed veggies  
Peaches

27

**Muffin**  
Ham sandwich  
Chips  
Cucumbers  
Apple

28

**Poptart**  
Cheesy pull apart  
Tri-tater  
Carrot sticks  
Fruit

29

Milk and garden bar served daily  
Menu subject to change  
This is an equal opportunity Employer