

Milk for Pre-K or Kindergarten Students

Your child's school participates in the Special Milk Program. Milk is served every school day. Your child may buy milk for 25 cents.

FREE MILK

- Your child can get free milk if he/she receives Food Assistance, Temporary Assistance to Families (TAF) or Food Distribution Program on Indian Reservations (FDPIR) benefits.
- Your child can get free milk if he/she is certified as migrant, homeless or runaway, or enrolled in Head Start.
- A foster child can get free milk if he/she is formally placed in foster care by a State child welfare agency or a court and is under the legal responsibility of a foster care agency or court.
- Your child may be eligible for free milk if he/she receives WIC (Women, Infants and Children) or Medicaid benefits.
- If your total household income is at or below the amounts on the Income Chart below, your child can get free milk.

HOW TO APPLY

To get free milk for your child, you must complete a Household Application for Free and Reduced Price School Meals and return it to the school. An application that is not complete cannot be approved. Carefully read the letter provided with the Application for Free and Reduced Price School Meals and follow the instructions. Complete only one application for meals and/or milk per household.

Federal Income Eligibility Guidelines for Free Milk					
Household size	Yearly	Monthly	Twice a Month	Every 2 Weeks	Weekly
1	17,667	1,473	737	680	340
2	23,803	1,984	992	916	458
3	29,939	2,495	1,248	1,152	576
4	36,075	3,007	1,504	1,388	694
5	42,211	3,518	1,759	1,624	812
6	48,347	4,029	2,015	1,860	930
7	54,483	4,541	2,271	2,096	1,048
8	60,619	5,052	2,526	2,332	1,166
Each additional person:	6,136	512	256	236	118

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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint), (AD-3027) found online at: <https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint> and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov.

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