



I'm **CHARLIE** THE FLYING CHICKEN



AUGUST

**INMAN ELEMENTARY
BREAKFAST & LUNCH**

2019

M T W TH F

New this year: Lunch choice of Yogurt/ String Cheese in Place of Main Dish

GOOD EATS AT

Chicken is an excellent source of Protein. Protein is important because it builds strong muscles!

SPECIAL ANNOUNCEMENTS

Aug. 19th-First day of Preschool & Kindergarten Boys
 Aug. 20th-First day of Preschool & Kindergarten Girls
 Aug. 27th- Vision/Hearing Screenings

Milk Served Daily
 Menu Subject to Change

No School 5

No School 6

No School 7

No School 8

No School 9

No School 12

No School 13

6pm IES Parent Night-New families only 6:30-7:30 IES Parent Night all Families 14

Sausage Biscuit
 Pizza
 Salad Bar
 Orange Wedges
 Brownie 15

French Toast Sticks
 Chicken Patty
 Mashed Potato
 Green Beans
 W/G Hot Roll
 Pears 16

Breakfast Pizza
 Sweet/Sour CK
 Nuggets
 Brown Rice
 Buttered Peas
 Apple Wedges 19

W/G Muffin
 Pulled Pork on
 W/G Bun
 Oven Fries
 Baked Beans
 Banana 20

Pancake/Stick
 Super Nachos
 W/G Chips
 Spanish Rice
 Peaches
 Cookie 21

Cinnamon Roll
 Baked Ham
 Mashed Potato
 Cooked Carrots
 W/G Hot Roll
 Pineapple 22

Sausage Biscuit
 Tater Tot
 Casserole
 Green Beans
 W/G Muffin
 Orange Wedge 23

Breakfast Bun
 Chicken
 Tetrazzini
 Garlic Bread
 Buttered Peas
 Grapes 26

String Cheese
 Hamburger on
 W/G Bun
 Oven Fries
 Baked Beans
 Orange Wedges 27

W/G Muffin
 Crisпитos
 Refried Beans
 Buttered Corn
 Apple Wedges 28

French Toast Sticks
 Baked Chicken
 Savory Rice
 W/G Hot Roll
 Broccoli/Cheese
 Applesauce 29

Biscuit/Gravy
 Beef & Noodles
 Mashed Potato
 Green Beans
 W/G Muffin
 Apricots 30